



## Promotion of physical activity among physicians

<https://policybase.cma.ca/en/permalink/policy1525>

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Health human resources  
Population health/ health equity/ public health

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The Canadian Medical Association, in keeping with its vision of a healthy population and national advocacy mission, shall vigorously promote physical activity among physicians for the sake of their own wellness, which in turn enhances their ability to care for others and sets an important example in encouraging patients to be physically active.