Guiding principles for physicians recommending mobile health applications to patients

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CMA POLICY

GUIDING PRINCIPLES FOR PHYSICIANS RECOMMENDING MOBILE HEALTH APPLICATIONS TO PATIENTS

This document is designed to provide basic information to physicians about how to use mobile health applications in a manner that enhances patient care, improves patient adherence, and promotes health. It is intended to help physicians in the selection, use, and evaluation of mobile health applications.

Background

- Mobile health applications should be recommended by physicians in a manner that is consistent with best practices and regulatory requirements.
- Mobile health applications should be evaluated by physicians in terms of their effectiveness, safety, and reliability.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s medical condition and the patient’s preferences.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s age and sex.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s cultural background.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s economic status.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s cognitive and physical abilities.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s social and family support.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s education.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s medical history.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s occupation.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s religion.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s smoking status.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s substance use.
- Mobile health applications should be recommended to patients in a manner that is consistent with the patient’s weight.

Implementation

- Mobile health applications should be implemented in a manner that is consistent with the patient’s medical condition and the patient’s preferences.
- Mobile health applications should be implemented in a manner that is consistent with the patient’s age and sex.
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Evaluation

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Dissemination

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CMA’s Response to CRA’s Questions, Public consultation on the Disability Tax Credit Promoters Restrictions Act regulations
https://policybase.cma.ca/link/policy14027

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Documents