Guiding principles for physicians recommending mobile health applications to patients

https://policybase.cma.ca/link/policy11521

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Policy document

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2015-05-30

TOPICS
Health information and e-health
Physician practice, compensation, forms

Documents

GUIDING PRINCIPLES FOR PHYSICIANS RECOMMENDING MOBILE HEALTH APPLICATIONS TO PATIENTS

The Canadian Medical Association (CMA) recognizes that mobile health applications (apps) can provide patients with health information and support in engaging with their health care providers. CMA supports the responsible use of mobile health apps in the context of patient care.

Background

1. Mobile health applications, also known as health apps, have the potential to improve patient care by providing access to health information and resources. They can enhance patient engagement and empower patients to manage their own health.

2. Mobile health apps can be used to support various aspects of patient care, including monitoring health conditions, managing medication, and tracking health behaviors.

3. CMA encourages physicians to consider the following principles when recommending mobile health apps to patients:

- **Privacy and Confidentiality:** Mobile health apps should ensure the confidentiality and security of patient health information. Physicians should discuss with patients how they intend to protect their privacy and ensure the secure transfer and storage of health data.

- **Accuracy and Reliability:** Physicians should verify the accuracy, reliability, and validity of health information provided by the app. They should also ensure that the app adheres to evidence-based guidelines and is reviewed by reputable organizations.

- **User-Centered Design:** Mobile health apps should be designed with the user in mind, considering factors such as ease of use, accessibility, and adequacy of health information.

- **Data Ownership:** Physicians should be transparent about who owns the data collected through the app. Patients should have control over their data and be informed about how it will be used.

- **Professional Responsibility:** Physicians should remain accountable for their recommendations and ensure that patients understand the limitations and benefits of using mobile health apps in their care.

- **Regulatory Compliance:** Physicians should ensure that mobile health apps comply with relevant regulations governing health information and technology.

CMA Policy

CMA Policy 2015-05-30

CMA Response to CRA’s Questions, Public Consultation on the Disability Tax Credit

CMA Policybase - Canadian Medical Association
CMA’s Response to CRA’s Questions, Public consultation on the Disability Tax Credit Promoters Restrictions Act regulations
https://policybase.cma.ca/link/policy14027

POLICY TYPE  Parliamentary submission
DATE  2015-05-15
TOPICS  Health systems, system funding and performance
Physician practice, compensation, forms

Documents
Response of the Canadian Medical Association to the Canada Revenue Agency Draft GST/HST Policy Statement* (GST/HST Notices – Notice 286)
https://policybase.cma.ca/link/policy11479

POLICY TYPE: Parliamentary submission
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TOPICS: Physician practice, compensation, forms

Documents