CMA Code of Ethics and Professionalism

https://policybase.cma.ca/link/policy13937

POLICY TYPE  Policy document

DATE  2018-12-08

REPLACES  Code of ethics of the Canadian Medical Association (Update 2004)

TOPICS  Population health, health equity, public health

Documents

CMA CODE OF ETHICS AND PROFESSIONALISM

The Code of Ethics and Professionalism articulates the ethical and professional standards that guide the practice of medicine in Canada. It is based on the principles of respect for persons, beneficence, non-maleficence, and justice. The Code sets out the values by which physicians are expected to act in their professional and personal capacities. It is intended to provide guidance to physicians in their professional and personal conduct.

In the Code, ethical principles are outlined in a series of core values, values and principles that guide the ethical conduct of physicians. These principles include respect for the autonomy of patients, beneficence, non-maleficence, and justice. The Code also provides a set of ethical standards that are intended to guide the ethical conduct of physicians.

Physicians should be aware of the ethical principles outlined in the Code, and they are expected to apply these principles in their professional conduct.

A. VIRTUES EXEMPLIFIED BY THE ETHICAL PHYSICIAN

1. Truth
2. Justice
3. Mercy
4. Compassion
5. Honesty
6. Integrity
7. Loyalty
8. Fairness
9. Sympathy
10. Courage

These virtues are intended to guide the ethical conduct of physicians in their professional and personal capacities.
## Management of physician fatigue

https://policybase.cma.ca/link/policy11127

**POLICY TYPE**  Policy document

**LAST REVIEWED**  2019-03-03

**DATE**  2014-05-24

**TOPICS**  Health human resources

### Documents

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**CMA CODE OF ETHICS AND PROFESSIONALISM**

**A. VIRTUES EMBODYED BY THE ETHICAL PHYSICIAN**

- **Compassion**: A physician always recognizes the suffering of the patient, and seeks to relieve it in the manner that is least burdensome and least dangerous to the patient.
- **Honesty**: A physician always recognizes the suffering of the patient, and seeks to relieve it in the manner that is least burdensome and least dangerous to the patient.
- **Humility**: A physician always recognizes the suffering of the patient, and seeks to relieve it in the manner that is least burdensome and least dangerous to the patient.
- **Integrity**: A physician always recognizes the suffering of the patient, and seeks to relieve it in the manner that is least burdensome and least dangerous to the patient.
- **Prudence**: A physician always recognizes the suffering of the patient, and seeks to relieve it in the manner that is least burdensome and least dangerous to the patient.
Charter of Shared Values: A vision for intra-professionalism for physicians

https://policybase.cma.ca/link/policy13858

POLICY TYPE Policy document
DATE 2017-12-09
REPLACES CMA Charter for Physicians (Update 1999)
TOPICS Ethics and medical professionalism

Documents

Physician health
POLICY TYPE: Policy document  
DATE: 2017-10-21  
REPLACES: PD98-04 Physician health and well-being  
TOPICS: Health human resources, Ethics and medical professionalism

Documents

Physician Health

BACKGROUND TO CMA POLICY

The state of physician health and well-being is often discussed in public and policy circles. It is a matter of concern for governments, organizations, and healthcare providers alike. The importance of physician well-being is recognized as essential for maintaining a healthy workforce, ensuring quality patient care, and promoting the overall health of the community. The Canadian Medical Association (CMA) has been actively involved in advocating for the well-being of physicians and has taken steps to address the challenges faced by this group.

1. The state of physician health and well-being

The state of physician health and well-being is often discussed in public and policy circles. It is a matter of concern for governments, organizations, and healthcare providers alike. The importance of physician well-being is recognized as essential for maintaining a healthy workforce, ensuring quality patient care, and promoting the overall health of the community. The Canadian Medical Association (CMA) has been actively involved in advocating for the well-being of physicians and has taken steps to address the challenges faced by this group.

The well-being of physicians is not only important for their own health and productivity, but also for the health and well-being of their patients. A healthy and well-nourished physician is more likely to provide quality care, leading to better patient outcomes. In addition, a supportive and positive work environment can help reduce burnout and improve job satisfaction.

The CMA has been working with healthcare providers, policymakers, and other stakeholders to develop strategies and policies that promote physician well-being. These efforts include the development of educational programs, awareness campaigns, and workplace interventions designed to support the mental, physical, and emotional health of physicians.

The CMA also advocates for policies that address the root causes of physician stress and burnout, such as overwork, long working hours, and inadequate support systems. By working with governments and other organizations, the CMA aims to create a more supportive and sustainable healthcare system that values and prioritizes the well-being of its practitioners.

In conclusion, the well-being of physicians is a critical issue that requires attention and action. The CMA continues to advocate for policies and practices that promote the health and well-being of physicians, ensuring that they are able to provide the best possible care to their patients and communities.

CMA Policybase - Canadian Medical Association

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GOLDEN PRINCIPLES

1. A greater understanding of patient health
2. Physician health as a quality indicator
3. Physician health as a shared responsibility