CMA Code of Ethics and Professionalism

https://policybase.cma.ca/link/policy13937

POLICY TYPE
Policy document

DATE
2018-12-08

REPLACES
Code of ethics of the Canadian Medical Association (Update 2004)

TOPICS
Population health, health equity, public health

Documents
Management of physician fatigue

https://policybase.cma.ca/link/policy11127

POLICY TYPE
Policy document

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2014-05-24

TOPICS
Health human resources

Documents
Charter of Shared Values: A vision for intra-professionalism for physicians
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POLICY TYPE  Policy document
DATE  2017-12-09
REPLACES  CMA Charter for Physicians (Update 1999)
TOPICS  Ethics and medical professionalism

Documents

Charter of Shared Values: A vision for intra-professionalism for physicians

What is it?
A Charter is an instrument for a group of people to commit to a set of principles and values that serve to guide future action. Such principles and values represent the collective vision and identity of the group.

Why does it matter?
The CMA has a long-standing commitment to the importance of and respect for the physician-patient relationship. This relationship is central to the delivery of high-quality primary care and to the health system. It is in the best interest of patients and the health system that the CMA maintains a commitment to the health and well-being of its own members.

Committed to each Other: Our most important values:

CIVILITY
- We will respect and contribute to a civil atmosphere in all our interactions, whether in person or electronically.

CHARTER OF SHARED VALUES
- We will strive to create a culture that promotes the common good of all and recognizes the interdependence of all physicians.

RESPECT
- We will treat ourselves and each other with dignity and respect, recognizing the value and worth of all.

INTEGRITY
- We will be honest in our actions, recognizing the importance of personal and professional integrity.

RECIROCITY
- We will strive to create a culture that promotes the common good of all and recognizes the interdependence of all physicians.

Physician health
PHYSICIAN HEALTH

Rationale
The well-being of physicians is essential for the health and wellbeing of patients. The well-being of physicians is closely linked to the quality of patient care, ensuring that the care provided is safe, effective, and compassionate.

The well-being of physicians should be a priority for all health care systems. In particular, it is essential to ensure that physicians have access to the resources they need to maintain their well-being.

To address these issues, the Canadian Medical Association (CMA) has developed this policy document to provide guidance on how to support the well-being of physicians.

Background to CMA Policy

1. The state of physician well-being

Physicians are professionals who are required to maintain a high level of health and well-being in order to provide the best possible care to their patients. However, the demands of the medical profession can be stressful and can lead to burnout and other mental health problems.

To address these issues, the CMA has developed this policy document to provide guidance on how to support the well-being of physicians.

CMA Policybase - Canadian Medical Association
CMA STATEMENT ON PHYSICIAN HEALTH AND WELLNESS
Guiding Principles and Commitments for a Healthy Profession

What is it?
The Canadian Medical Association (CMA) is the national medical organization representing the interests of physicians and their patients. This statement aims to provide guidance on principles and commitments that support the health and wellness of physicians.

Why it matters
Physician health represents a critical aspect of patient care and the health system as a whole. Maintaining optimal health and well-being is essential for physicians to provide excellent care and maintain ethical and professional standards.

GUIDING PRINCIPLES

A deeper understanding of physician health
It is necessary to recognize that physician health is integral to patient care and the overall health system.以下のアート・ワークに示すように、健康的状態が医師の専門性及び患者に対するものが重要であることに注意が必要です。

Physician health as a collective responsibility
To achieve optimal health, physicians have a responsibility to support one another through education, training, and collaboration. This includes fostering a culture that promotes open communication and addresses issues of burnout and mental health.

Incorporating health and wellness into practice
Health and wellness should be integrated into the practice environment. Strategies to support physician health include implementing evidence-based interventions, providing resources for stress management, and encouraging regular check-ups.

Within this framework, physicians should prioritize their own health and well-being, recognizing the impact of their personal health on their ability to serve their patients.