CMA's Presentation to the House of Commons Standing Committee on Health: H1N1 Preparedness and Response

https://policybase.cma.ca/link/policy9699

POLICY TYPE: Parliamentary submission
DATE: 2009-10-05
TOPICS: Population health, health equity, public health

Documents
Answering the Wake-up Call: CMA’s Public Health Action Plan

CMA submission to the National Advisory Committee on SARS and Public Health

Health systems, system funding and performance
Health care and patient safety
Population health, health equity, public health
Letter on Strengthening the Pan-Canadian Public Health System discussion paper
https://policybase.cma.ca/link/policy1957

POLICY TYPE Response to consultation
LAST REVIEWED 2011-03-05
DATE 2004-03-22
TOPICS Population health, health equity, public health

Documents
Carter: CMA submission regarding euthanasia and assisted death
https://policybase.cma.ca/link/policy13935

POLICY TYPE  Court submission
LAST REVIEWED  2011-03-05
DATE  2014-08-27
TOPICS  Ethics and medical professionalism
Population health, health equity, public health

Documents
A Healthy Population for a Stronger Economy: The Canadian Medical Association’s Presentation to the Standing Committee on Finance’s pre-budget consultations

https://policybase.cma.ca/link/policy10228

POLICY TYPE  Parliamentary submission
DATE  2011-10-18
TOPICS  Health systems, system funding and performance
Population health, health equity, public health

Documents
Mental Health, Mental Illness & Addiction: CMA Submission to the Standing Committee on Social Affairs, Science and Technology

https://policybase.cma.ca/link/policy950

POLICY TYPE
Parliamentary submission

LAST REVIEWED
2012-03-03

DATE
2005-04-20

TOPICS
Population health, health equity, public health
Pharmaceuticals, prescribing, cannabis, drugs

Documents
Letter to the International Joint Commission on the 2004 Progress Report addressing air quality

https://policybase.cma.ca/link/policyl952

POLICY TYPE: Parliamentary submission
LAST REVIEWED: 2012-03-03
DATE: 2005-02-11
TOPICS: Population health, health equity, public health

Documents

[Image of a letter or document]

[Text from the letter or document]

[Image of a medical chart or graph]
Presentation to the New Democratic Party on Bill C-38

POLICY TYPE: Parliamentary submission
DATE: 2012-05-17
TOPICS: Population health, health equity, public health

Documents

Presentation to the NDP Caucus

Dr. John Haggie
President
Canadian Medical Association
(Ottawa, ON)
May 17, 2012
## Toward a Dementia Strategy for Canada: CMA Submission to the House of Commons Standing Committee on Finance

https://policybase.cma.ca/link/policy10674

<table>
<thead>
<tr>
<th>POLICY TYPE</th>
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<tr>
<td>DATE</td>
<td>2013-01-21</td>
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<tr>
<td>TOPICS</td>
<td>Population health, health equity, public health</td>
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### Documents

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Toward a Dementia Strategy for Canada
Canadian Medical Association

January 21, 2013

[Signatures and logos of various medical associations]
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[Note: The image contains a page with a signature block and logos of various medical associations, indicating the submission's authorship and approval.]
Presentation to the House of Commons Standing Committee on Environment and Sustainable Development
https://policybase.cma.ca/link/policy2044

POLICY TYPE
Parliamentary submission
LAST REVIEWED
2013-03-02
DATE
2006-06-12
TOPICS
Population health, health equity, public health

Documents
Bill C-422 An Act respecting a National Lyme Disease Strategy
https://policybase.cma.ca/link/policy11140

POLICY TYPE
Parliamentary submission

DATE
2014-06-02

TOPICS
Population health, health equity, public health
Health systems, system funding and performance

Documents
Improving Seniors Care in an Era of Surplus. 2014-2015 Pre-budget Brief
https://policybase.cma.ca/link/policy11211

POLICY TYPE          Parliamentary submission
DATE                2014-08-06
TOPICS              Population health, health equity, public health

Documents
Canadian Medical Association Submission to Health Canada’s Notice of proposed order to amend the schedule to the Tobacco Act
https://policybase.cma.ca/link/policy11434

POLICY TYPE  Parliamentary submission
DATE          2014-11-10
TOPICS        Health care and patient safety
              Population health, health equity, public health

Documents
Submission to Advisory Panel on Healthcare Innovation
https://policybase.cma.ca/link/policy11439

POLICY TYPE  Parliamentary submission
DATE  2014-12-08
TOPICS  Population health, health equity, public health

Documents
Canadian Medical Association submission on Bill C-462 Disability Tax Credit Promoters Restrictions Act.
https://policybase.cma.ca/link/policy11542

POLICY TYPE  Parliamentary submission
DATE  2015-05-22
TOPICS  Population health, health equity, public health

Documents
Healthy behaviours - promoting physical activity and healthy eating
https://policybase.cma.ca/link/policy11523

POLICY TYPE  Policy document
DATE  2015-05-30
REPLACES  Promoting Physical Activity and Healthy Weights
TOPICS  Population health, health equity, public health

Documents

CMA POLICY
HEALTHY BEHAVIOURS - PROMOTING PHYSICAL ACTIVITY AND HEALTHY EATING

Introduction
The Canadian Medical Association (CMA), in support of the promotion of healthy lifestyle habits, encourages all segments of the population to adopt healthy habits to improve their health. Healthy habits improve the quality of life and reduce the burden of disease, therefore promoting physical activity and healthy eating are essential to improving health outcomes. This policy is a call to action for all segments of the population to adopt healthy habits to improve their health. CMA recommends healthy habits to be adopted to improve the health of the population.

Adoption of healthy habits can improve overall health and reduce the burden of disease. Healthy habits include regular physical activity, healthy eating, and maintaining a healthy weight. These habits can help promote healthy lifestyles and reduce the risk of chronic diseases, such as cardiovascular disease, diabetes, and some cancers.

Conclusion
In conclusion, promoting physical activity and healthy eating is essential to improving the health of the population. This policy highlights the importance of adopting healthy habits to improve overall health and reduce the burden of disease. CMA recommends implementing policies and strategies to promote healthy habits and encourage individuals to adopt these habits to improve their health.