Physician health

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What it is

A greater understanding of physician health is a shared responsibility. Every physician has a role in determining the health of their peers, colleagues, and the overall health system. The Canadian Medical Association recognizes the importance of robust policies to support the health and well-being of physicians. This document outlines the guiding principles and action steps for physicians and organizations to work together to ensure the sustainability of the health sector.

Why it matters

Physician health is a complex issue that affects not only the individual but also the broader health system. The well-being of physicians is crucial to maintaining the quality of care delivered to patients. However, the issue of physician health is often overlooked or underfunded, leading to a lack of support and resources for those in need.

Guiding Principles

1. A greater understanding of physician health is a shared responsibility.

2. Physician health is a quality indicator.

3. Physician health is a health issue.

Conclusion

This document provides a framework for physicians and organizations to take action in supporting the health and well-being of physicians. By working together, we can create a more sustainable and resilient health system.