2015 Pre-budget consultations: Federal leadership to support an aging population
https://policybase.cma.ca/link/policy11753

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<td>DATE</td>
<td>2015-07-31</td>
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</table>
| TOPICS            | Health systems, system funding and performance  
Population health, health equity, public health |

Documents
ACTIVE TRANSPORTATION

Recent CMA policy has been focused on improving the health of Canadians through active transportation. This policy has been developed in response to the growing trend of urbanization and the resulting increase in sedentary lifestyles. The policy emphasizes the importance of active transportation as a means of promoting healthy living and reducing the risk of chronic diseases.

1. Active transportation can be defined as any form of physical activity that involves moving the body using one's own power. This can include walking, cycling, and other forms of low-impact exercise.

2. The benefits of active transportation are numerous and include increased physical fitness, improved mental health, and reduced risk of chronic diseases such as heart disease and diabetes.

3. It is estimated that 30-60 minutes of moderate-intensity physical activity per day can significantly improve health outcomes.

4. The CMA recommends that all Canadians incorporate active transportation into their daily routines, and that public transportation systems be made accessible and affordable to encourage active travel.

5. Active transportation has the added benefit of reducing greenhouse gas emissions, contributing to a more sustainable future.

6. The policy also highlights the importance of investing in cycling infrastructure and pedestrian safety measures to ensure that all Canadians can safely and conveniently access active transportation options.

7. The CMA encourages healthcare providers to promote active transportation as an important component of a healthy lifestyle and to integrate active transportation into their patient care plans.

8. In conclusion, active transportation is an essential component of promoting healthy living and reducing the risk of chronic diseases. By incorporating active transportation into our daily routines, we can contribute to a healthier, more sustainable future for all Canadians.
Advance care planning
https://policybase.cma.ca/link/policy13694

POLICY TYPE  
Policy document

DATE  
2017-05-27

REPLACES  
Advance care planning (2015)

TOPICS  
Ethics and medical professionalism
Population health, health equity, public health

Documents

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ADVANCE CARE PLANNING

MOTIVATION

The patient's awareness of the possibility of future health problems, as well as the need for comprehensive, coordinated care, highlights the importance of advance care planning. This allows patients to make informed decisions about their healthcare in situations where they may not be able to express their preferences due to physical or mental limitations.

The Canadian Medical Association (CMA) recognizes the importance of advance care planning to ensure that patients' wishes are respected, and their healthcare is delivered in a way that aligns with their values and preferences.

AIMS

1. To promote the importance of advance care planning for patients and healthcare providers.
2. To provide guidelines and resources for conducting advance care planning discussions.
3. To encourage healthcare providers to integrate advance care planning into their practice.

INTERVENTIONS

The CMA recommends the following strategies to support advance care planning:

1. Healthcare providers should initiate discussions about advance care planning early in the patient's care process.
2. Healthcare providers should ensure that patients are informed about their rights and options regarding advance care planning.
3. Healthcare providers should be trained in conducting advance care planning discussions.
4. Healthcare providers should maintain documentation of advance care planning discussions.

IMPLEMENTATION

1. The CMA supports the development of national guidelines for advance care planning.
2. Healthcare providers should collaborate with patients, families, and healthcare teams to ensure that advance care planning discussions are conducted in a sensitive and respectful manner.
3. Healthcare providers should be encouraged to participate in educational programs on advance care planning.

EVALUATION

The effectiveness of advance care planning can be evaluated through various metrics, including:

1. The number of advance care planning discussions conducted by healthcare providers.
2. The proportion of patients who have documented advance care planning decisions.
3. Patient satisfaction with the advance care planning process.

The CMA encourages healthcare providers to regularly assess the implementation of advance care planning strategies and to make necessary adjustments to improve their effectiveness.

Source: Adapted from the CMA’s Advance Care Planning (2015) Policy.

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CMA Policybase - Canadian Medical Association
Advancing Inclusion and quality of life for seniors
https://policybase.cma.ca/link/policy13729

POLICY TYPE: Parliamentary submission
DATE: 2017-10-26
TOPICS: Population health, health equity, public health
Health systems, system funding and performance

Documents
Answering the Wake-up Call: CMA’s Public Health Action Plan

CMA submission to the National Advisory Committee on SARS and Public Health

June 25, 2003

EXECUTIVE SUMMARY

The public health system in Canada has demonstrated that the country’s population is healthier and has better access to health care than in the past. The country has also made great strides in the areas of public health, such as the reduction of tobacco use and the control of infectious diseases. The CMA has been a leader in promoting public health initiatives, such as the implementation of smoking bans in public places, and is committed to continuing its efforts to improve the health of Canadians.

The CMA is concerned that the current public health system is not adequately equipped to address the challenges of the 21st century. The system is not adequately funded, and there is a lack of coordination between the various levels of government. The CMA recommends that the government increase funding for public health, and that there be a greater focus on prevention and health promotion.

The CMA also recommends that there be a greater emphasis on research and evidence-based practice, and that there be better integration of public health and medicine. The CMA is committed to working with government and other stakeholders to improve the health of Canadians.
Antimicrobial Resistance (AMR)
https://policybase.cma.ca/link/policy14079

POLICY TYPE
Policy document

DATE
2019-03-02

TOPICS
Health care and patient safety
Population health, health equity, public health

Documents
Appearance before the House of Commons Standing Committee on Finance
Bill C-30: The Budget Implementation Act, 2021
https://policybase.cma.ca/link/policy14437

POLICY TYPE
Parliamentary submission

DATE
2021-05-20

TOPICS
Population health, health equity, public health

Documents

Appearance before the House of Commons Standing Committee on Finance
Bill C-30: The Budget Implementation Act, 2021

Dr. J. Ann Collins
President of the Canadian Medical Association
May 20, 2021

Dr. J. Ann Collins
President of the Canadian Medical Association

CMA Policybase - Canadian Medical Association
Appearance before the House of Commons Standing Committee on Health: Study on the Emergency Situation Facing Canadians in Light of the COVID-19 Pandemic

https://policybase.cma.ca/link/policy14433

POLICY TYPE  Parliamentary submission
DATE  2021-04-23
TOPICS  Population health, health equity, public health

Documents
Appearance before the Standing Committee on Indigenous and Northern Affairs (INAN): Administration and accessibility of Indigenous Peoples to the Non-Insured Benefits Program

https://policybase.cma.ca/link/policy14474

POLICY TYPE
Parliamentary submission

DATE
2022-05-03

TOPICS
Population health, health equity, public health
Ethics and medical professionalism

Documents

Appearance before the Standing Committee on Indigenous and Northern Affairs (INAN): Administration and accessibility of Indigenous Peoples to the Non-Insured Benefits Program

Dr. Alisa Lafontaine
President, Council of the Canadian Medical Association

May 4, 2022

[Initials and signature]
Bill C-422 An Act respecting a National Lyme Disease Strategy
https://policybase.cma.ca/link/policy11140

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The built environment and health

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Canadian Medical Association

June 2, 2014

Canadian Medical Association

Healthy population and a clean natural environment

CMA Policybase - Canadian Medical Association
The built environment and health
https://policybase.cma.ca/link/policy11063

POLICY TYPE  Policy document
LAST REVIEWED  2018-03-03
DATE  2013-12-07
TOPICS  Population health, health equity, public health

Documents
Call to Action: An Approach to Patient Transfers for Those Living in Rural and Remote Communities in Canada
https://policybase.cma.ca/link/policy14466

POLICY TYPE                Policy endorsement
DATE                      2021-04-21
TOPICS                    Population health, health equity, public health

Documents
Canada's Food Guide

https://policybase.cma.ca/link/policy13920

POLICY TYPE Response to consultation
DATE 2018-06-06
TOPICS Population health, health equity, public health

Documents
Canadian Medical Association submission on Bill C-462 Disability Tax Credit Promoters Restrictions Act.
https://policybase.cma.ca/link/policy11542

POLICY TYPE  Parliamentary submission
DATE  2015-05-22
TOPICS  Population health, health equity, public health

Documents
Canadian Medical Association Submission to Health Canada’s Notice of proposed order to amend the schedule to the Tobacco Act
https://policybase.cma.ca/link/policy11434

POLICY TYPE: Parliamentary submission
DATE: 2014-11-10
TOPICS: Health care and patient safety
          Population health, health equity, public health

Documents
Canadian Medical Association Submission to the House of Commons Study on E-Cigarettes
https://policybase.cma.ca/link/policy11437

POLICY TYPE  Parliamentary submission
DATE  2014-11-27
TOPICS  Health care and patient safety
Population health, health equity, public health

Documents