MANAGEMENT OF PHYSICIAN FATIGUE

Policies

Management of physician fatigue is critical to patient safety and the overall quality of care. The physical, psychological, and emotional well-being of physicians is essential for them to provide the best possible care to their patients. This policy outlines the importance of managing physician fatigue to ensure that physicians are able to perform at their best.

1. **Definition of Fatigue**
   - Fatigue is a common and debilitating condition that can affect many aspects of a physician's life. It can manifest as physical exhaustion, mental fatigue, and emotional distress.

2. **Causes of Fatigue**
   - The causes of physician fatigue are multifactorial and can include long working hours, high workloads, lack of adequate rest, and poor work-life balance.

3. **Consequences of Fatigue**
   - Fatigue can lead to increased error rates, decreased diagnostic accuracy, and decreased patient satisfaction. It can also affect the physician's mental health and well-being.

4. **Prevention and Management**
   - Strategies for managing physician fatigue include implementing workload management, providing adequate rest periods, and promoting healthy lifestyle practices.

5. **Support and Resources**
   - Physicians should have access to support and resources to help them manage fatigue. This includes access to mental health services and support systems.

6. **Conclusion**
   - Managing physician fatigue is crucial to ensuring patient safety and physician well-being. By implementing effective strategies and providing necessary support, physicians can maintain their performance and provide the best possible care.

CMA Policy

Management of physician fatigue is critical to patient safety and the overall quality of care. The physical, psychological, and emotional well-being of physicians is essential for them to provide the best possible care to their patients. This policy outlines the importance of managing physician fatigue to ensure that physicians are able to perform at their best.

1. **Definition of Fatigue**
   - Fatigue is a common and debilitating condition that can affect many aspects of a physician's life. It can manifest as physical exhaustion, mental fatigue, and emotional distress.

2. **Causes of Fatigue**
   - The causes of physician fatigue are multifactorial and can include long working hours, high workloads, lack of adequate rest, and poor work-life balance.

3. **Consequences of Fatigue**
   - Fatigue can lead to increased error rates, decreased diagnostic accuracy, and decreased patient satisfaction. It can also affect the physician's mental health and well-being.

4. **Prevention and Management**
   - Strategies for managing physician fatigue include implementing workload management, providing adequate rest periods, and promoting healthy lifestyle practices.

5. **Support and Resources**
   - Physicians should have access to support and resources to help them manage fatigue. This includes access to mental health services and support systems.

6. **Conclusion**
   - Managing physician fatigue is crucial to ensuring patient safety and physician well-being. By implementing effective strategies and providing necessary support, physicians can maintain their performance and provide the best possible care.

CMA Policybase - Canadian Medical Association
Study on Canada’s Health Workforce
https://policybase.cma.ca/link/policy14469

POLICY TYPE
Parliamentary submission

DATE
2022-02-16

TOPICS
Health systems, system funding and performance
Health human resources
Ethics and medical professionalism

Documents

Appearance before the House of Commons Standing Committee on Health:

Study on Canada’s Health Workforce

Dr. Jerri-Ann Knight
President of the Canadian Medical Association

February 15, 2022

Deck against dreams
Accessibility: the solution lies in cooperation
https://policybase.cma.ca/link/policy11518

POLICY TYPE  Parliamentary submission
DATE  2015-03-25
TOPICS  Health human resources

Documents

ACCESSIBILITY: THE SOLUTION LIES IN COOPERATION

Joint Brief of
The Quebec Medical Association
and
the Canadian Medical Association

BILL NO: 10

An Act to erect the Act to promote access to family medicine and specialized medical services and to amend various legislative provisions relating to assisted conception.

March 25, 2015
Appearance before the Standing Committee on Human Resources, Skills and Social Development and the Status of Persons with Disabilities
https://policybase.cma.ca/link/policy14472

POLICY TYPE
Parliamentary submission

DATE
2022-03-28

TOPICS
Health human resources
Health systems, system funding and performance

Documents

Appearance before the Standing Committee on Human Resources, Skills and Social Development and the Status of Persons with Disabilities

Dr. Kathleen Sworzik
President of the Canadian Medical Association

March 28, 2022

Check legal and regulatory
CMA Letter to the Council of the Federation regarding the Council of the Federation meeting and Canada’s health funding priorities (health workforce, primary care, labour mobility)
https://policybase.cma.ca/link/policy14486

POLICY TYPE
Parliamentary submission

DATE
2022-06-22

TOPICS
Health systems, system funding and performance
Health human resources

Documents

[Image of letter with signature]

June 12, 2022

Honorable [Signature]
Chair of the Council of the Federation

Dear [Name],

I am writing on behalf of the Canadian Medical Association (CMA) to express our concerns regarding the Council of the Federation meeting on June 14, 2022, which will focus on health funding priorities, including health workforce, primary care, and labour mobility.

The CMA strongly supports the principles outlined in the Council of the Federation’s prior work on health funding, which emphasizes the need for stable, predictable, and equitable funding for health systems. We applaud the ongoing efforts to improve the health care workforce in Canada, including the development of strategies to attract and retain health professionals, and the importance of addressing the challenges of labour mobility and primary care access.

The health care workforce is a critical component of Canada’s health system, and we are committed to working with all levels of government to ensure that our health care system is able to meet the needs of Canadians. We urge the Council of the Federation to consider the following priorities:

1. Increased investment in the health care workforce: The federal government has a role to play in supporting the training and recruitment of health professionals, particularly in underserved and remote regions.
2. Improved access to primary care: Ensuring that all Canadians have access to timely and high-quality primary care is essential to improving overall health outcomes.
3. Enhanced mobility and retention strategies: Strategies to support the mobility of health care professionals, including the development of innovative models of care delivery, are critical to addressing workforce shortages.

We believe that addressing these priorities will help to strengthen our health care system and ensure that all Canadians have access to the care they need.

Yours sincerely,

[Signature]
Consensus statement on networks for high-quality rural anesthesia, surgery, and obstetric care in Canada

https://policybase.cma.ca/link/policy14477

POLICY TYPE: Policy endorsement
DATE: 2021-05-17
TOPICS: Health systems, system funding and performance, Health human resources
A Doctor for Every Canadian – Better Planning for Canada’s Health Human Resources: The Canadian Medical Association’s brief to the House of Commons Standing Committee on Human Resources, Skills and Social Development and the Status of Persons with Disabilities – Addressing Existing Labour Shortages in High-Demand Occupations

https://policybase.cma.ca/link/policy10387

POLICY TYPE
Parliamentary submission

DATE
2012-05-09

TOPICS
Health human resources

Documents
Federal Policy Options to Advance Pan-Canadian Licensure

https://policybase.cma.ca/link/policy14471

POLICY TYPE  Parliamentary submission
DATE  2022-02-22
TOPICS  Health systems, system funding and performance
        Health human resources
        Ethics and medical professionalism

Documents
The physician appointment and reappointment process 2016
https://policybase.cma.ca/link/policy13564

POLICY TYPE
Policy document

DATE
2016-12-03

TOPICS
Health human resources
Physician practice, compensation, forms

Documents
Physician resource planning (updated 2015)
https://policybase.cma.ca/link/policy11533

POLICY TYPE
Policy document

LAST REVIEWED
2019-03-03

DATE
2015-05-30

REPLACES
Physician resource planning (Update 2003)

TOPICS
Health human resources

Documents
Recommendations for federal action to address Canada’s health care crisis
https://policybase.cma.ca/link/policy14468

POLICY TYPE             Parliamentary submission
DATE                   2022-02-15
TOPICS                  Health systems, system funding and performance
                         Health human resources
                         Ethics and medical professionalism

Documents
Reducing barriers to physician mobility and for a more uniformed healthcare system in Canada

https://policybase.cma.ca/link/policy11850

POLICY TYPE
Parliamentary submission

DATE
2016-05-12

TOPICS
Health human resources

Documents