Management of physician fatigue
https://policybase.cma.ca/link/policy11127

POLICY TYPE
Policy document

LAST REVIEWED
2019-03-03

DATE
2014-05-24

TOPICS
Health human resources

Documents

CMA POLICY
MANAGEMENT OF PHYSICIAN FATIGUE

Management of physician fatigue

Management of physician fatigue is a critical component of physician wellness. Fatigue can impair a physician's ability to care for patients and can contribute to errors in patient care. It can also have negative effects on a physician's personal life, including relationships and mental health. Management of physician fatigue involves interventions to prevent and treat fatigue, as well as support for physicians who are experiencing fatigue.

Interventions to prevent and treat physician fatigue may include
- Time management and planning
- Exercise and physical activity
- Sleep hygiene
- Stress management
- Professional development
- Support and counseling

Support for physicians experiencing fatigue may include
- Access to mental health services
- Work-life balance support
- Peer support
- Professional development
- Policy development

The Canadian Medical Association (CMA) supports policies and initiatives that promote physician wellness, including management of physician fatigue. The CMA encourages health systems and organizations to implement strategies to prevent and treat physician fatigue.

In summary, management of physician fatigue is a critical component of physician wellness. It is important to implement interventions to prevent and treat fatigue, as well as support for physicians who are experiencing fatigue. The CMA supports policies and initiatives that promote physician wellness and encourages health systems and organizations to implement strategies to manage physician fatigue.
A new vision for Canada: family practice— the patient’s medical home 2019
https://policybase.cma.ca/link/policy14024

POLICY TYPE
Policy endorsement

DATE
2019-03-02

TOPICS
Physician practice, compensation, forms
Health systems, system funding and performance

Documents
Operational principles for the measurement and management of wait lists

(Update 2011)

https://policybase.cma.ca/link/policy10322

POLICY TYPE
Policy document

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2019-03-03

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2011-10-23

REPLACES
Operational principles for the measurement and management of waiting lists

TOPICS
Health systems, system funding and performance
Physician resource planning (updated 2015)
https://policybase.cma.ca/link/policy11533

POLICY TYPE
Policy document

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2019-03-03

DATE
2015-05-30

REPLACES
Physician resource planning (Update 2003)

TOPICS
Health human resources

**Physician resource planning**

**Updated 2015**

The purpose of this policy is to establish a framework for health human resources planning and to identify the necessary resources and related policies to support the effective delivery of health care in Canada. The policy is intended to provide a flexible and responsive framework to meet the increasing demand for health care in Canada. The policy is based on the principles of equity, accessibility, and quality care. It recognizes the importance of supporting and developing a skilled and competent health care workforce.

**Introduction**

This policy is intended to provide a framework for the implementation of health human resources planning in Canada. The policy is based on the principles of equity, accessibility, and quality care. The policy is intended to support the effective delivery of health care in Canada.

**Objectives**

1. To provide a framework for health human resources planning in Canada.
2. To ensure that the health care workforce is adequately trained and supported to meet the needs of Canadians.
3. To ensure that the health care workforce is appropriately distributed across the country.
4. To ensure that the health care workforce is adequately supported to meet the needs of the elderly population.

**Implementation**

Health human resources planning is a complex and multifaceted process that requires the involvement of a wide range of stakeholders. The policy is intended to provide a framework for collaboration and coordination among these stakeholders to ensure that the health care workforce is adequately trained and supported to meet the needs of Canadians.

**Conclusion**

This policy is intended to provide a framework for health human resources planning in Canada. The policy is based on the principles of equity, accessibility, and quality care. The policy is intended to support the effective delivery of health care in Canada.
Principles for health system governance

POLICY TYPE
Policy document

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2019-03-03

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2011-10-23

REPLACES
Regionalization (Update 2001)

TOPICS
Health systems, system funding and performance

Documents