Restricting marketing of unhealthy foods and beverages to children and youth in Canada: A Canadian health care and scientific organization policy consensus statement

https://policybase.cma.ca/link/policy10676

POLICY TYPE
Policy document

LAST REVIEWED
2020-02-29

DATE
2012-12-08

TOPICS
Population health, health equity, public health
Canada's Food Guide
https://policybase.cma.ca/link/policy13920

POLICY TYPE  Response to consultation
DATE  2018-06-06
TOPICS  Population health, health equity, public health

Documents
Chronic Diseases Related to Aging: CMA’s Presentation to the House of Commons Standing Committee on Health
https://policybase.cma.ca/link/policy10226

POLICY TYPE  Parliamentary submission
DATE  2011-10-17
TOPICS  Population health, health equity, public health

Documents
CMA submission to the study of Bill C-37
https://policybase.cma.ca/link/policy13617

POLICY TYPE  Parliamentary submission
DATE  2017-04-06
TOPICS  Pharmaceuticals, prescribing, cannabis, drugs

Documents

CMA Submission to the study of Bill C-37
An Act to amend the Controlled Drugs and Substances Act and to make related amendments to other Acts

Submission to the Senate Standing Committee on Legal and Constitutional Affairs

April 6, 2017
Consultation on proposed front-of-package labelling
https://policybase.cma.ca/link/policy13882

POLICY TYPE
Response to consultation

DATE
2018-04-23

TOPICS
Health care and patient safety
Pharmaceuticals, prescribing, cannabis, drugs

Documents
Health in all policies

https://policybase.cma.ca/link/policy11527

POLICY TYPE
Policy document

DATE
2015-05-30

TOPICS
Health systems, system funding and performance

Documents

CMA POLICY
HEALTH IN ALL POLICIES

Healthy behaviours - promoting physical activity and healthy eating


called strongly on both (still in the

relevant health means the associated property of the biological and chemical state of body tissues, organs, and systems that influence their ability to function properly...]

Research suggests that 10% of the population health is due to the lifestyle and environmental factors, 15% to the health care system, and 75% to the individual's lifestyle and environmental factors. This is why the importance of healthy behaviours is emphasized in public health policy. A healthy lifestyle includes a balanced diet, regular physical activity, adequate sleep, and stress management. These factors are not only important for individual health but also for the health of the community as a whole. A healthy community can lead to a healthier population, which is essential for the long-term success of public health policies. Understanding the factors that contribute to a healthy lifestyle can help inform public health interventions.
Healthy behaviours - promoting physical activity and healthy eating

https://policybase.cma.ca/link/policy11523

POLICY TYPE  Policy document
DATE  2015-05-30
REPLACES  Promoting Physical Activity and Healthy Weights
TOPICS  Population health, health equity, public health

CMA POLICY

HEALTHY BEHAVIOURS - PROMOTING PHYSICAL ACTIVITY AND HEALTHY EATING

Introduction

The Canadian Medical Association (CMA) recognizes the promotion of healthy lifestyles as a major priority for the health of the population. Early, comprehensive, evidence-based initiatives are important to address the complex, multi-factorial causes of chronic diseases. Physical activity and healthy eating are important components of a healthy lifestyle and, when combined, can be effective in reducing health risks. This policy document replaces Promoting Physical Activity and Healthy Weights.

POPULATION HEALTH, HEALTH EQUITY, PUBLIC HEALTH

Obesity in Canada: Causes, Consequences and the Way Forward

CMA Policybase - Canadian Medical Association
Obesity in Canada: Causes, Consequences and the Way Forward
https://policybase.cma.ca/link/policy11540

POLICY TYPE
Parliamentary submission

DATE
2015-06-02

TOPICS
Population health, health equity, public health

Documents
Recommendations for equitable COVID-19 pandemic recovery in Canada

https://policybase.cma.ca/link/policy14465

POLICY TYPE
Policy endorsement

DATE
2021-04-30

TOPICS
Population health, health equity, public health