CMA Code of Ethics and Professionalism

https://policybase.cma.ca/link/policyI3937

POLICY TYPE: Policy document
DATE: 2018-12-08
REPLACES: Code of ethics of the Canadian Medical Association (Update 2004)
TOPICS: Population health, health equity, public health

Documents

CMA CODE OF ETHICS AND PROFESSIONALISM

The CMA Code of Ethics and Professionalism articulates the values and principles of the medical profession and provides guidance on how to make ethical decisions in a wide range of situations. It is a framework for physicians to reflect on their ethical obligations and to make informed decisions that are consistent with the values of the profession.

The Code is based on five core principles: respect, justice, responsibility, trust and professional commitment. These principles guide the ethical conduct of physicians and are reflected in the Code's provisions. The Code is intended to be flexible and adaptable to different situations, and it recognizes that ethical dilemmas can arise in a variety of contexts.

In the Code, ethical principles are presented in a general and positive manner, and they are intended to provide guidance on how to make ethical decisions in complex and challenging situations. The Code is not intended to provide specific solutions to specific ethical issues, but it offers a framework for physicians to reflect on their ethical obligations and to make informed decisions that are consistent with the values of the profession.

The Code is designed to promote a culture of professionalism in the medical profession, and it encourages physicians to engage in ongoing self-assessment and professional development to maintain and enhance their ethical competence.

A. VIRTUES EMPLOYED BY THE ETHICAL PHYSICIAN

1. Trust
2. Honesty
3. Integrity
4. Competence
5. Accountability
6. Justice
7. Responsibility
8. Respect
9. Self-reflection
10. Continuous improvement

The Code must be interpreted in the context of the physician's professional role and the specific circumstances of the situation. The Code is intended to provide a framework for ethical decision-making, and physicians are encouraged to use their professional judgment and the guidance provided by the Code to make ethical decisions in complex and challenging circumstances.
Management of physician fatigue

https://policybase.cma.ca/link/policy11127

POLICY TYPE Policy document

LAST REVIEWED 2019-03-03

DATE 2014-05-24

TOPICS Health human resources
Study on Canada’s Health Workforce
https://policybase.cma.ca/link/policy14469

POLICY TYPE
Parliamentary submission

DATE
2022-02-16

TOPICS
Health systems, system funding and performance
Health human resources
Ethics and medical professionalism

Documents

Appearance before the House of Commons Standing Committee on Health:
Study on Canada’s Health Workforce

Dr. Eilur Ennae Smart
President of the Canadian Medical Association
February 15, 2022
Direct reprint request
PHYSICIAN HEALTH

BACKGROUND TO CMA POLICY

The state of mental and physical health is a significant factor in physicians' ability to provide high-quality care. Poor mental health among physicians can lead to decreased job satisfaction, higher burnout rates, and increased risk of suicide. This document highlights the importance of addressing mental health issues among physicians and outlines recommendations for improving workplace wellness programs.

1. The state of mental and physical health

High levels of stress and long working hours can lead to burnout among physicians. It is crucial to implement effective workplace wellness programs to support the mental and physical health of physicians. This includes providing resources for stress management, promoting physical activity, and offering mental health support services.

CMA Policybase - Canadian Medical Association
Physician Shielding During A Pandemic

https://policybase.cma.ca/link/policy14386

**POLICY TYPE**  
Policy endorsement

**DATE**  
2020-12-21

**TOPICS**  
Population health, health equity, public health

**Documents**
Protecting and supporting Canada’s health-care providers during COVID-19
https://policybase.cma.ca/link/policy14260

POLICY TYPE
Parliamentary submission

DATE
2020-03-23

TOPICS
Physician practice, compensation, forms
Health systems, system funding and performance
Health human resources

Documents
Standing Committee on Health’s study on violence faced by healthcare workers
https://policybase.cma.ca/link/policy14052

POLICY TYPE
Parliamentary submission

DATE
2019-05-14

TOPICS
Health care and patient safety
Ethics and medical professionalism
Health human resources
Physician practice, compensation, forms

Documents