Management of physician fatigue
https://policybase.cma.ca/link/policy11127

POLICY TYPE
Policy document

LAST REVIEWED
2019-03-03

DATE
2014-05-24

TOPICS
Health human resources

DOCUMENTS

CMA POLICY

MANAGEMENT OF PHYSICIAN FATIGUE

Policy

Physician fatigue is a recognized occupational hazard. Studies have shown that physicians have higher rates of fatigue compared to other health care professionals. Fatigue has been linked to increased error rates, decreased job satisfaction, and lower quality of care. In 2012, the Canadian Medical Association (CMA) published a report titled "Management of Physician Fatigue". The report emphasized the importance of addressing physician fatigue to improve patient safety and overall quality of care.

The CMA recommends that medical organizations develop policies to prevent and manage physician fatigue. Strategies for managing physician fatigue include:

1. Ensuring adequate staffing levels and scheduling practices
2. Implementing regular breaks and flexible work arrangements
3. Providing opportunities for stress management and support
4. Developing strategies to promote work-life balance
5. Regularly monitoring and evaluating physician well-being

The CMA also encourages medical organizations to collaborate with regulatory bodies and professional associations to develop and implement best practices for managing physician fatigue.

In conclusion, addressing physician fatigue is crucial to ensuring the safety and well-being of patients. By implementing evidence-based strategies, medical organizations can reduce the impact of fatigue on patient care and support the health and well-being of physicians.
Study on Canada’s Health Workforce
https://policybase.cma.ca/link/policy14469

POLICY TYPE: Parliamentary submission
DATE: 2022-02-16

TOPICS:
- Health systems, system funding and performance
- Health human resources
- Ethics and medical professionalism

Documents

Appearance before the House of Commons Standing Committee on Health:
Study on Canada’s Health Workforce

DR. Erika James
President of the Canadian Medical Association
February 15, 2022
Chair and members

Physician health
https://policybase.cma.ca/link/policy13739

POLICY TYPE: Policy document
DATE: 2017-10-21

REPLACES: PD98-04 Physician health and well-being

TOPICS:
- Health human resources
- Ethics and medical professionalism

Documents
PHYSICIAN HEALTH

BACKGROUND TO CMA POLICY

MENTIONS
The Canadian Medical Association (CMA) has been advocating for and supporting the health and wellbeing of physicians during the COVID-19 pandemic. In light of the ongoing pandemic, CMA has released a statement on physician health, emphasizing the importance of maintaining mental health and wellbeing among healthcare professionals. The statement outlines strategies and interventions to support the mental health and wellbeing of healthcare providers, including the development of supportive programs and initiatives. CMA has also called for increased investment in mental health resources for healthcare providers, recognizing the critical role that physicians play in ensuring the health and wellbeing of their patients and communities.

TEXT

PHYSICIAN HEALTH

CMA STATEMENT ON PHYSICIAN HEALTH AND WELLNESS

Guiding Principles for a Different Future

CMA Policybase - Canadian Medical Association
Protecting and supporting Canada's health-care providers during COVID-19
https://policybase.cma.ca/link/policy14260

POLICY TYPE  Parliamentary submission

DATE  2020-03-23

TOPICS  Physician practice, compensation, forms
Health systems, system funding and performance
Health human resources

Documents
Standing Committee on Health’s study on violence faced by healthcare workers
https://policybase.cma.ca/link/policy14052

POLICY TYPE
Parliamentary submission

DATE
2019-05-14

TOPICS
Health care and patient safety
Ethics and medical professionalism
Health human resources
Physician practice, compensation, forms

Documents