Charter of Shared Values: A vision for intra-professionalism for physicians
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Physician health
PHYSICIAN HEALTH

BACKGROUND TO CMA POLICY

1. The state of current and physician health

Physician health has been of concern to the CMA for many years. It is important for the health and well-being of physicians to be maintained at a level that allows them to provide the best possible care to their patients. This includes ensuring that physicians have the physical, emotional, and psychological well-being needed to carry out their duties effectively.

Physicians, like other professionals, may experience burnout, stress, and other mental health issues that can affect their ability to provide quality care. It is crucial for physicians to recognize the signs of these issues and seek help when needed.

Physicians play a crucial role in society, and their well-being is essential to the health and well-being of their patients. It is important for the CMA to support physicians in maintaining their health and well-being.

Physicians are expected to provide care to patients with the utmost concern for their health and well-being. To do so, they must maintain their own health and well-being, which includes physical, emotional, and psychological well-being.

Physicians are encouraged to seek help when needed to ensure their health and well-being, which is essential to the delivery of quality care to patients.
CMA STATEMENT ON PHYSICIAN HEALTH AND WELLNESS
Guiding Principles and Commitments for a Clinical Profession

What is it?

This section outlines the role of physicians in providing care and the expectations placed on them by their patients, colleagues, and society. It highlights the importance of physician health and wellness in maintaining a high standard of care and professional competence.

Why it matters?

Physician health and wellness is a crucial aspect of providing quality care and maintaining the trust of patients, colleagues, and society. Maintaining health and wellness allows physicians to provide the best possible care, and it is essential to the overall well-being of the healthcare system. This section aims to promote a culture of health and wellness among physicians, acknowledging the unique challenges they face.

GUIDING PRINCIPLES

A Greater Understanding of Anticipation Health

It is essential for physicians to understand that anticipation health is not just the absence of illness or disease. It encompasses physical, mental, and emotional well-being and is integral to providing high-quality care.

Physician Health as a Priority

Physicians are advised to prioritize their health and wellness as it significantly affects their ability to provide quality care and maintain the trust of patients. This includes recognizing the signs of burnout and taking proactive steps to prevent it.

Physician Health as a Shared Responsibility

Physicians, patients, and the healthcare system must work together to prioritize physician health and wellness. This includes addressing the systemic barriers that contribute to burnout and promoting a supportive work environment.

To reduce individual risk factors, it is crucial to address systemic issues.