PHYSICIAN HEALTH

BACKGROUND TO
CMA POLICY

1. THE IMPORTANCE OF PHYSICIAN HEALTH

The health and well-being of physicians is critical to the health and safety of patients. Physicians, like all people, have the right to be healthy and to receive health care when they are ill. However, physicians have additional responsibilities that go beyond the provision of medical care. They are also responsible for maintaining their own health and well-being, as well as ensuring that they are able to practice medicine safely and effectively.

The Canadian Medical Association (CMA) recognizes the importance of physician health and well-being. The Association has developed policies and guidelines to help physicians maintain their health and well-being. These policies and guidelines are designed to provide support and guidance to physicians, and to help them identify and address any issues that may affect their health and well-being.

The CMA is committed to promoting the health and well-being of physicians, and to supporting them in their efforts to maintain their health and well-being.

The CMA Policybase - Canadian Medical Association
CMA STATEMENT ON PHYSICIAN HEALTH AND WELLNESS
Guiding Principles and Commitments for a Shared Responsibility

What is it?

This document promotes the well-being of physicians and other healthcare professionals. It aims to enhance the lives of those who provide medical care by addressing factors that influence their health and wellness.

Why it matters

A greater understanding of physician health is crucial today, as our increasing demands on physicians mean we must address challenges to ensure their well-being. This document provides guidance on how to support our healthcare professionals.

GUIDING PRINCIPLES

A greater understanding of physician health

It is crucial for healthcare systems to develop comprehensive strategies to support the health and well-being of healthcare professionals. This involves creating supportive environments and addressing key factors that affect their health and wellness.

Physician health as a key indicator

Physicians' health and health outcomes are closely linked. By focusing on physician health, we can improve patient outcomes and promote overall health and well-being.

Physician health as a shared responsibility

Addressing physician health requires a collaborative effort among healthcare providers, educators, policymakers, and the public. By working together, we can strive to improve the health and well-being of our healthcare professionals.

To access the full document, visit the CMA Policybase website.