Patient Partnered Care

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Documents

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Patient Partnered Care

The Canadian Medical Association (CMA) supports efforts to establish and maintain patient-centered, patient-partnered care in Canadian healthcare delivery. Patient-partnered care is an approach that focuses on the patient's unique needs and preferences, and fosters collaboration between healthcare providers and patients. This approach aims to improve health outcomes and patient satisfaction by involving patients in their own care planning and decision-making.

1. Definition of Patient Partnered Care
   - Patient-partnered care involves shared decision-making, where patients and healthcare providers work together to develop personal health plans and make healthcare decisions. This approach is grounded in the principles of patient autonomy, transparency, and informed consent.

2. Benefits of Patient Partnered Care
   - Improved health outcomes: Patient-partnered care has been shown to lead to better health outcomes, including increased patient satisfaction and reduced rates of hospital readmissions.
   - Increased patient engagement: Patients who are actively involved in their care are more likely to adhere to treatment plans and take an active role in their health management.
   - Enhanced provider-patient communication: Patient-partnered care fosters clear communication between patients and healthcare providers, which can lead to more accurate diagnosis and treatment plans.

3. Challenges of Patient Partnered Care
   - Implementation: Integrating patient-partnered care into existing healthcare systems requires significant changes to provider training, patient education, and organizational processes.
   - Resource constraints: Patient-partnered care may require additional resources, including time, training, and financial support.

4. Strategies for Implementing Patient Partnered Care
   - Training and education: Healthcare providers need to be well-equipped with the skills and knowledge necessary to effectively engage with patients in a patient-partnered care model.
   - Technology: Utilizing digital tools and patient portals can facilitate patient engagement and improve communication.
   - Policy support: Liable policies and guidelines that support patient-partnered care can ensure its adoption and growth within the healthcare system.

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