A Prescription for sustainability
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A PRESCRIPTION FOR SUSTAINABILITY – P&L 4, 2001

Executive Summary

A prescription for sustainability from the perspective of the Canadian Medical Association (CMA) must include a comprehensive approach to ensuring that our health care system is sustainable for the long-term. This involves addressing the structural, financial, and organizational challenges that our health care system faces today.

To ensure the sustainability of our health care system, we need to:

1. **Innovate**: Continuously improve the delivery of care, focusing on efficiency, effectiveness, and patient-centered care.
2. **Collaborate**: Work together with all stakeholders, including patients, healthcare providers, and policymakers, to address the challenges facing our health care system.
3. **Invest**: Ensure that there is adequate investment in our health care system to support the delivery of high-quality care.

By implementing these strategies, we can ensure the sustainability of our health care system for the long-term benefit of all Canadians.