Flexibility in Medical Training (Update 2009)

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Flexibility in Medical Training
(Update 2009)

The Canadian Medical Association (CMA) recognizes the importance of flexibility in medical training and the need for programs to accommodate the diverse needs of trainees. This policy provides guidance on how medical schools and training programs can provide flexibility in training, with the goal of ensuring that trainees receive appropriate education and training for their careers.

Flexibility in medical training is vital to the development of competent and well-rounded physicians. It allows trainees to specialize in areas of interest and to gain experience in a variety of settings, including rural and remote communities. Flexibility also allows trainees to adjust their training to accommodate personal circumstances, such as family responsibilities.

To ensure that medical training is flexible, programs must be designed to accommodate the needs of trainees. This includes providing opportunities for training in a variety of settings, including rural and remote communities, and allowing trainees to adjust their training as needed.

Definitions
- Accreditation body: The organization responsible for ensuring that medical training programs meet established standards of quality and excellence.
- Competency: The ability of a trainee to perform a specific task or function at an acceptable level.
- Flexibility: The ability of a training program to accommodate the needs of trainees, including the opportunity to specialize in areas of interest and to gain experience in a variety of settings.
- Rural and remote communities: Areas beyond the confines of major urban centers, where healthcare services may be limited.

The CMA supports the implementation of flexible training programs that meet the needs of trainees and ensure the delivery of high-quality medical education and training.